

# Creating Agency Worksheet



This worksheet is designed specifically with your Protagonist or main character in mind, but you can also revisit these questions with any character who seems to be lacking agency in your story.

## 1. Think of several potential guiding principles for your character.

Which one(s) will make the journey hardest for this character? Circle the ideas that promise direct conflict with specific themes, events, or other characters in your story.

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## 2. Brainstorm situations where these principles could be displayed.

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## 3. What is your character's purpose (in life or in this story)?

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## 4. Brainstorm five actions they might take in pursuit of that purpose.

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**5. Why does your character want or need to solve the story's big problem?**

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**6. Imagine some impossible decisions your character might have to make.**

Circle the ones with a direct connections to the character's guiding principles or purpose.

\_\_\_\_\_ or \_\_\_\_\_

\_\_\_\_\_ or \_\_\_\_\_

\_\_\_\_\_ or \_\_\_\_\_

\_\_\_\_\_ or \_\_\_\_\_

\_\_\_\_\_ or \_\_\_\_\_

**7. What's important enough to your character to make them take action?**

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**8. Brainstorm ways you can put what your character cares about at risk.**

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